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FINE MOTOR SKILLS

Dot-Painting - Winter

12 winter-themed templates for printing 'My First Book' with cotton swabs

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Dot-Painting - Winter

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PRINT SETTINGS

Please use Acrobat Reader to print and make sure that the settings 'Actual size' and 'Auto portrait/landscape' are selected.

SAVE PAPER & TONER

Only print out the pages you need.

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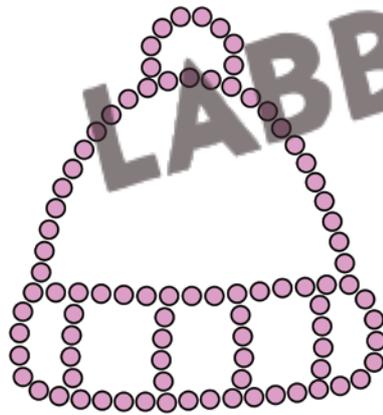
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INTRODUCTION

About Dot-Painting

Dot-painting with cotton swabs is a great way to develop fine motor skills. Working with cotton swabs can also be seen as a step on the road to writing, whereby you train the hand to hold a pencil.

Fine motor skills require a highly complex interplay of brain, nerves, and muscles. They consist of targeted and coordinated movements most often expressed as manual dexterity. Manual dexterity is made up of hand and finger strength, hand and finger dexterity, hand-eye coordination (visual-motor coordination), and precisely targeted movement.



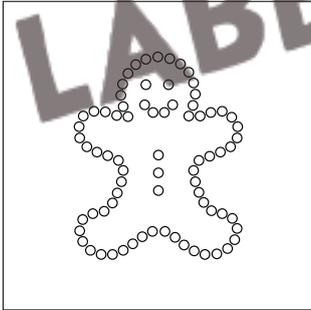
Precisely hitting pre-given points with a colored cotton swab requires exact hand-eye coordination in a given sequence of movements. Dot-painting is therefore a great challenge for the brain!

For this simple technique all you need is cotton swabs and a tray of poster paints or watercolors. Using these materials, you can paint individual templates or turn the same motifs into a colored book. Our 'My First Book' series offers other manual techniques that kids can combine to make a book that will remind them of the creativity of their early childhood.

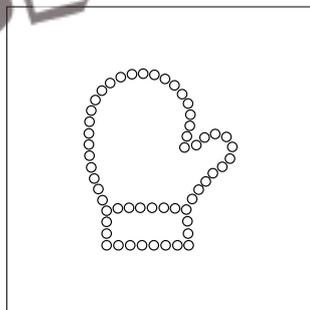
Micha Labbé

OVERVIEW

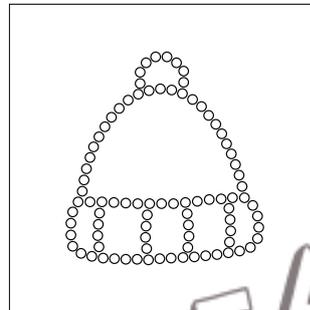
Dot-Painting - Winter



GINGERBREAD MAN
Pages 8+20



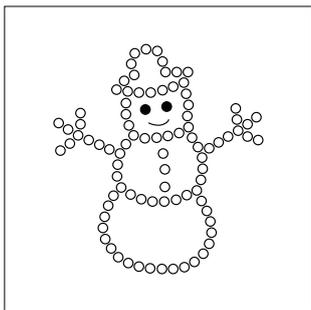
MITTEN
Pages 9+21



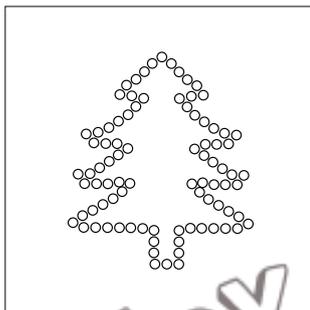
WOOL HAT
Pages 10+22



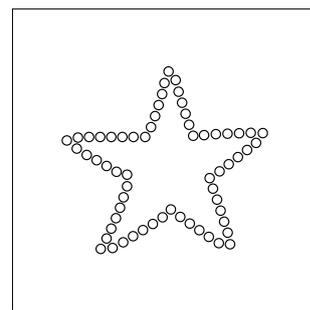
CHRISTMAS STOCKING
Pages 11+23



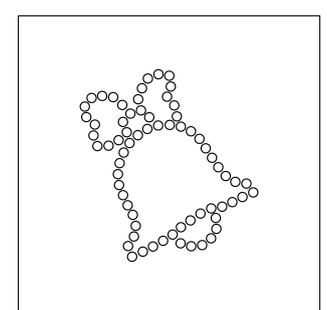
SNOWMAN
Pages 12+24



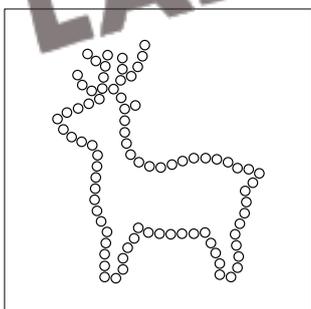
CHRISTMAS TREE
Pages 13+25



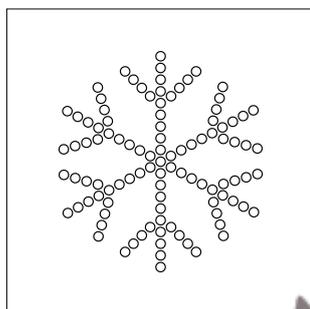
STAR
Pages 14+26



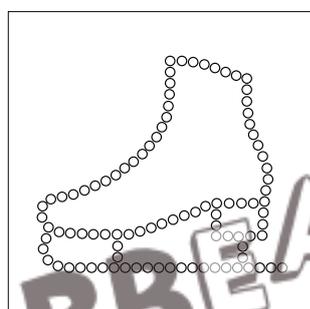
CHRISTMAS BELL
Pages 15+27



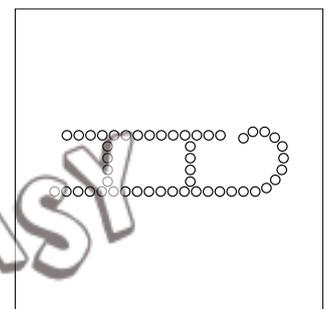
REINDEER
Pages 16+28



SNOWFLAKE
Pages 17+29



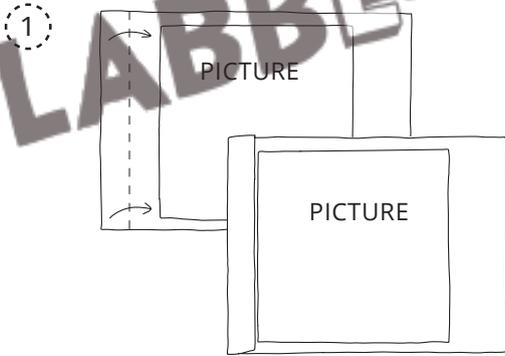
ICE SKATES
Pages 18+30



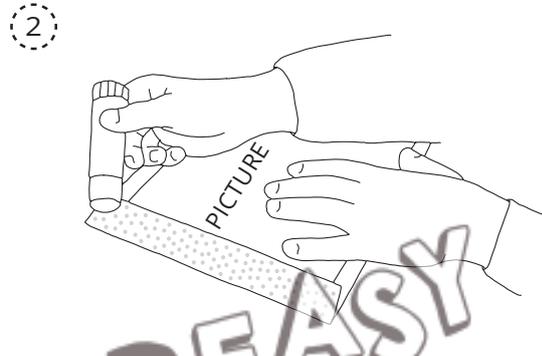
SLEDGE
Pages 19+31

HOW TO DO IT

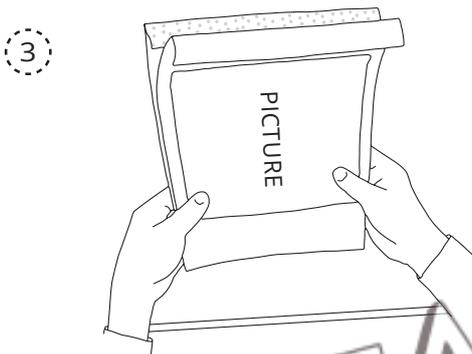
My First Book



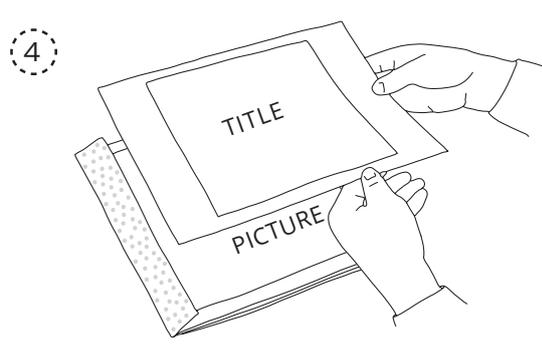
Prepare all pictures: Fold every left-hand edge over to meet the edge of the picture exactly. Score the folds with your fingernail.



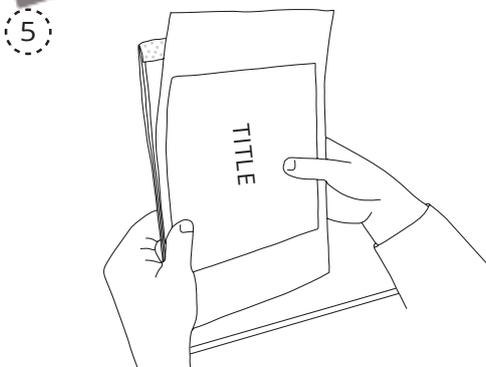
First put glue on the fold of the last picture, using a piece of paper to protect the picture if needed. Lay the next page on top.



Stand the stacked pages on their vertical edge on the table to align the edges. Holding tightly to the right side, lay them down again and press the left-hand folds firmly together.



Glue all the picture pages together in this way. Put glue on the fold of the last picture and lay the title page on top.



Repeat step three and press the title page firmly to the glued fold. The left-hand edge of the title page will stand proud of the folded edge. Leave to dry briefly!



Fold and carefully glue the proud edge of the title page onto the rear side of your book. Score the edge. You can assemble your book either before or after coloring it in.