

# LABBEASY

LABBEASY

## Drawing Forms - Line Drawings

26 line patterns in two versions to trace, copy and  
draw from memory



LABBEASY



LABBEASY

# LABBEASY

LABBEASY

## Drawing Forms - Line Drawings

Introduction .....	Pages 3 - 4
How to do it .....	Page 5
Overview .....	Pages 5 - 6
Worksheets .....	Pages 7 - 32
Lined worksheets .....	Pages 33 - 58

### PRINT SETTINGS

Please use Acrobat Reader to print and make sure that the settings 'Actual size' and 'Auto portrait/landscape' are selected.

### SAVE PAPER & TONER

Only print out the pages you need.

### COPYRIGHT & LICENCE

This material is protected by copyright. Labbé holds exclusive rights. © Labbé Publishing

This PDF file may only be used by the original purchaser and is intended for personal use and teaching. Distribution of the PDF file to school staff or to parents and students is not permitted. It is also not permitted to make it available on the internet or to place it on a school server. It is prohibited to use the PDF file, printouts of the PDF file, and objects created from it for commercial purposes. For more information, visit [www.labbeasy.com](http://www.labbeasy.com)

## INTRODUCTION

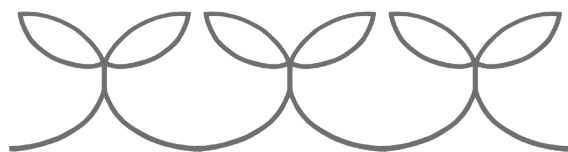
# Drawing Forms

The drawing of forms is a pedagogical method that comes from Waldorf educational theory, and it's a widespread part of anthroposophic art therapy. The forms that are drawn often stem from the Neolithic and Bronze Ages, as well as the ornamental line art of the Celts and Lombards.

Form drawing is most often practiced in the first grade of Waldorf schools, where it's called 'active geometry'. Children learn to grasp pre-drawn forms, develop their own forms, and reproduce them on paper. In the process, several sensory functions - such as coordination skills - are trained, which are especially important for learning to read and write.



In contrast to figurative drawing, form drawing is understood as a line in motion. The up and down of the line results, in this case, in ornamental line patterns. The movement sequence is rhythmic and shifts between concentration and relaxation. This basic rhythm is always repeated without putting down the pencil. When you concentrate and carry out such repetitive motor movements for some time, the mental processes in the brain slow down and you become calmer. Such exercises are often used in art therapy due to the calming effect they have on the nervous system.



Form drawing is not so much about the creative process as it is about practicing skills and repetition. You draw the motif until it is not only 'right' but also 'aesthetically pleasing'. Ideally you draw until you no longer need a template. You can trace a motif in the air with different fingers or let an adult guide your hand and close your eyes. The forms can be drawn on a chalkboard with a wet sponge or you can draw them on someone's back with a finger. You can then trace the shapes on the paper with different colored pencils - over and over again... and after that try to do the whole thing with your eyes closed, allowing your hand to register the forms.

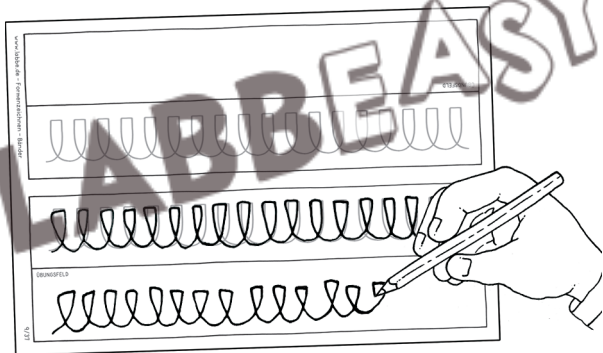
These worksheets are structured in such a way that each motif is shown twice, so that every motif can also be drawn again upside down. The fascinating thing is that very same motif then gives you a completely different movement sequence and a different experience of movement.

The best idea is to work at a large table. Try to sit in a loose and relaxed position. When drawing forms, you shouldn't worry about wasting paper. If possible, the paper shouldn't have too smooth a surface. You can use soft colored pencils and pencils for drawing. An eraser shouldn't be used under any circumstances! As with any artistic practice, it's important not to draw for too long at a time, but as often as possible.

*Micha Labbé*

## HOW TO DO IT

# Drawing Forms - Line Drawings



- 1 You can practice by tracing over the grey, line-pattern motifs once or several times.
- 2 Then the patterns are drawn in the exercise field with a pencil. The worksheets with guidelines are best for beginners.
- 3 You simply rotate the worksheet to do the exercise the other way up.

OVERVIEW

# Drawing Forms - Line Drawings

**LABBEASY**



**LABBEASY**



**LABBEASY**



**LABBEASY**

